

CATHRYN ADAMS, Psy.D., Clinical Psychologist

Psychwest, Clinical & Forensic Psychology, Inc.

Clinical Psychologist, PSY 28352

Corporate Office: 1445 Butte House Rd., Suite F, Yuba City, CA 95993

Phone/Fax: (530) 751-1122

E-mail: cadams@psychwest.com

Web: psychwest.com

EDUCATION

ALLIANT INTERNATIONAL UNIVERSITY

September 2010 – August 2014

2030 West El Camino Ave. Suite 200

Sacramento, CA

- Doctor of Psychology in Clinical Forensic Psychology , awarded August 2014
- Master of Arts in Clinical Forensic Psychology, awarded May 2012
- Dissertation Topic: Motivation to Succeed: Individual and community factors which predict success with individuals released from CONREP in California.
 - Dissertation Chair: James Davison Jr., Ph.D.

UNIVERSITY OF CALIFORNIA, SAN DIEGO

September 2004- June 2008

9500 Gilman Drive

La Jolla, CA

- Bachelor of Arts in Psychology awarded June 2008
- Minor in History
- NCAA athlete (Fencing)
- Studied abroad at University College Dublin; Dublin, Ireland

CLINICAL EXPERIENCE

PSYCHWEST, CLINICAL & FORENSIC PSYCHOLOGY, INC.

June 2016-Present

Psychologist

1445 Butte House Rd., Suite F

Yuba City, CA

- Perform forensic and private evaluations for children and adults
- Assessments performed include diagnostic, mental competency intake evaluations, fitness for duty, workman's compensation, diagnostic evaluations for veterans and disability evaluations
- Assist Senior Psychologist with advanced forensic evaluations, including child custody evaluations and mentally disordered offenders
- Responsibilities include the clinical interview, psychometric testing, scoring, reviewing historical information and report writing
- Assist with program development, with special emphasis on the *Mental Competency Assessment and Training (MCAT)* Program for Adults and Juveniles
- Coordinate client management and training with MCAT Regional Manager and Assistant Regional Managers
- Perform individual therapy for children and adults utilizing Cognitive Behavioral Therapy

PSYCHWEST, CLINICAL & FORENSIC PSYCHOLOGY, INC.
PSYCHWEST, CLINICAL AND FORENSIC PSYCHOLOGY

January 2015- June 2016
September 2014- January 2015

Post-Doctoral Psychological Assistant
1445 Butte House Rd., Suite F
Yuba City, CA

Supervisor: Craig West, Psy.D.

- Registered as a Psychological Assistant with the California Board of Psychology, License number PSB 94020800
- Perform individual therapy
- Perform forensic and private evaluations for children and adults
- Assessments performed include diagnostic, mental competency intake evaluations, fitness for duty, workman's compensation, child custody and disability evaluations
- Responsibilities include the clinical interview, psychometric testing, scoring, reviewing historical information and report writing

BHC ALHAMBRA HOSPITAL

August 2013-August 2014

Pre-Doctoral Intern
4619 North Rosemead Blvd.
Rosemead, CA

Supervisor: Joseph Dadourian, ED.D.

- Perform individual and group therapy to patients in a partial hospitalization program
- Perform assessments to determine a patient's history of chemical dependency and potential treatment plans for the same
- Complete bi-weekly treatment plans for assigned caseload
- Completed Non-Violent Crisis Intervention certification

YUBA CITY UNIFIED SCHOOL DISTRICT

January 2013-June 2013

Practicum Student
750 Palora Avenue
Yuba City, CA

Supervisor: Elizabeth Engelken

- Perform individual and group short-term therapy to students ages 6-12
- Facilitate presentations to elementary school classes concerning bullying awareness and prevention
- Perform crisis intervention and conflict resolution as needed to students in acute distress

PSYCHWEST, CLINICAL AND FORENSIC PSYCHOLOGY

October 2012- August 2013

Practicum Student
1445 Butte House Rd., Suite F
Yuba City, CA

Supervisor: Craig West, Psy.D.

- Registered as a Psychological Assistant with the California Board of Psychology, License number PSB3768
- Perform disability and private evaluations for children and adults
- Responsibilities include the clinical interview, psychometric testing, scoring, reviewing historical information and report writing

SACRAMENTO JOB CORPS

July 2011-July 2012

Practicum Student
3100 Meadowview Road
Sacramento, CA

Supervisor: Amie Lemos-Miller, Ph.D.

- Provide individual short-term therapy to students ages 16 to 24, predominantly utilizing Cognitive Behavioral Therapy
- Provide intake assessments of new students and orientation to mental health services available
- Facilitate two 1-hour weekly psycho-educational groups on interpersonal and anger management skills
- Participate on a multidisciplinary treatment team to coordinate services

YUBA CITY UNIFIED SCHOOL DISTRICT

January 2011-June 2011

Practicum Student
750 Palora Avenue
Yuba City, CA

Supervisor: Elizabeth Engelken

- Perform assessments to determine Special Education service eligibility for middle school and high school students
- Responsibilities include the clinical interview, psychometric testing, scoring, review of historical records and report writing

ADDITIONAL CLINICAL EXPERIENCE

SUTTER YUBA MENTAL HEALTH

April 2010-

Present

Crisis Counselor, Extra Hire
1965 Live Oak Blvd.
Yuba City, CA

- Assess individuals in acute crisis, presenting on a voluntary basis or on a legal hold, to determine if inpatient psychiatric hospitalization is necessary
- Provide crisis counseling in person and over the telephone
- Develop therapeutic interventions and recommendations as well as make appropriate referrals to community resources

**SAFE HARBOR CRISIS HOUSE
YOLO COMMUNITY CARE CONTINUUM**

November 2008-January 2012

Mental Health Worker II
584 Kentucky Ave.
Woodland, CA

- Provide support to mentally ill adults at a short term residential facility.
- Perform individual therapy with clients and facilitated daily groups as well as treatment and discharge planning.
- Safety Officer January 2009-September 2010
- Completed CPR certification

RELEVANT WORK EXPERIENCE

YUBA CITY UNIFIED SCHOOL DISTRICT

January 2010-June

2010

Yuba City High School Speech and Debate Coach
750 Palora Avenue
Yuba City, CA

- Teach public speaking skills, argument organization, research skills and preparation.
- Facilitate Yuba City High School's participation in the State Championship (April 2010)
- Facilitate community outreach and awareness of the program.
- Acted as a volunteer assistant coach during the Fall Semester 2009.

SUTTER COUNTY PROBATION DEPARTMENT

February 2009-June

2009

Probation Aide
595 Boyd Street
Yuba City, CA

- Organize and consolidate data collected by the department for grant purposes
- Responsible for coordinating with the Independent Living Program (transition program for foster care youth).
- Organized and facilitated the Sutter County Probation Department's participation in the Steps for Success program (educational program for teenaged parents).

YUBA COUNTY VICTIM WITNESS

November 2008-August 2010

Volunteer Program Aide
4240 Dan Avenue
Olivehurst, CA

- Monitor and assist juveniles in the Yuba County Probation Department's independent study classroom
- Received "Volunteer of the Year" award for 2009 from Yuba County

ASSISTANTSHIPS

ALLIANT INTERNATIONAL UNIVERSITY

December 2014- May 2014

Teacher's Assistant to Christopher Michael, Ph.D.
1000 South Fremont Ave.
Alhambra, CA

- Provide assistance to and grade assignments for the instructor in his Test Construction and Development course

ALLIANT INTERNATIONAL UNIVERSITY

September 2013- May 2014

Teacher's Assistant to Joan Murray, Ph.D.
1000 South Fremont Ave.
Alhambra, CA

- Provide assistance and individual tutoring to students enrolled in Statistics and Research & Test Design

ALLIANT INTERNATIONAL UNIVERSITY

August 2013- May 2014

Teacher's Assistant to Christopher Michael, Ph.D.
1000 South Fremont Ave.
Alhambra, CA

- Provide assistance to and grade assignments for the instructor in his Statistics I and Statistics II courses

ALLIANT INTERNATIONAL UNIVERSITY

January 2013- May 2013

Statistics Tutor
2030 West El Camino Ave. Suite 200
Sacramento, CA

- Run a four hour bi-weekly Statistics Lab to assist any student currently enrolled at Alliant International University with statistics and research design

ALLIANT INTERNATIONAL UNIVERSITY

January 2013- June 2013

Teacher's Assistant to James Davison Jr., Ph.D.
2030 West El Camino Ave. Suite 200
Sacramento, CA

- Provide assistance and individual tutoring to students enrolled in Research II: Data Analysis and Advanced Statistics

ALLIANT INTERNATIONAL UNIVERSITY

October 2012- December 2012

Teacher's Assistant to Joseph Whalen, Ph.D.
2030 West El Camino Ave. Suite 200
Sacramento, CA

- Review class assignments and provide feedback on written reports and assessment protocols to students enrolled in Psych Assessment I: Cognitive and Intellectual Testing

ALLIANT INTERNATIONAL UNIVERSITY

September 2011- June 2012

Teacher's Assistant to James Davison Jr., Ph.D.
2030 West El Camino Ave. Suite 200
Sacramento, CA

- Provide assistance and individual tutoring to students enrolled in Research I: Design and Statistics and Research II: Data Analysis and Advanced Statistics

PROFESSIONAL PRESENTATIONS

- “Mental Competency Assessment and Training (MCAT) Community-Based Program, Juvenile and Adult Competency to Stand Trial Assessment and Restoration Services”
 - Butte County Mental Health, Chico, CA 2014
- “Suicide Prevention: Risk Factors, Warning Signs and What To Do When Faced With a Threat”
 - Agency training for Sacramento Job Corps, Sacramento, CA 2011
- “Bloodborne Pathogens, Summer Safety Awareness and Bedbug Awareness”
 - Agency training for Yolo Community Care Continuum, Woodland CA 2010
- “Emergency Procedures”
 - Agency training for Yolo Community Care Continuum, Woodland, CA 2009.

SPECIALIZED FORENSIC TRAINING

- Sexual Crimes: Treatment and Assessment of Victims and Offenders (Fall, 2012)
 - Instructor: Lisa Kalich, Psy.D., ABPP
- Forensic Report Writing (Spring, 2013)
 - Instructor: Lisa Kalich, Psy.D., ABPP
- Expert Witness Testimony (Spring, 2013)
 - Instructor: Lisa Kalich, Psy.D., ABPP