

CATHRYN ADAMS, Psy.D., Psychologist

Psychwest, Clinical & Forensic Psychology, Inc.
Psychologist, PSY 28352

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EDUCATION

Alliant International University. Doctor of Psychology, Clinical Forensic Psychology, August 2014
Master of Arts, Clinical Forensic Psychology, May 2012

Specialized Forensic Training

- Sexual Crimes: Treatment and Assessment of Victims and Offenders (Fall, 2012)
- Forensic Report Writing (Spring, 2013)
- Expert Witness Testimony (Spring, 2013)

University of California, San Diego. Bachelor of Arts, Psychology, June 2008

CLINICAL EXPERIENCE

Psychwest, Clinical & Forensic Psychology, Inc.
Psychologist

June 2016-Present

- Perform forensic and clinical evaluations for children and adults
- Assessments performed include diagnostic, mental competency evaluations, fitness for duty, workman's compensation, diagnostic evaluations for veterans and disability evaluations
- Assist Senior Psychologist with advanced forensic evaluations, including child custody evaluations and mentally disordered offender evaluations
- Assist with program development, with special emphasis on the *Mental Competency Assessment and Training (MCAT)* Program for Adults and Juveniles
- Coordinate client management and training with MCAT Regional Manager and Assistant Regional Managers
- Perform individual therapy for children and adults utilizing predominantly Cognitive Behavioral Therapy
- Oversee third year graduate practicum students

Psychwest, Clinical & Forensic Psychology, Inc.
Psychwest, Clinical & Forensic Psychology
Post-Doctoral Psychological Assistant

January 2015- June 2016
September 2014- January 2015

- Perform individual therapy for children and adults utilizing predominantly Cognitive Behavioral Therapy
- Perform forensic and clinical evaluations for children and adults
- Assessments performed include diagnostic, mental competency intake evaluations, fitness for duty, workman's compensation, child custody and disability evaluations
- Assist Senior Psychologist with advanced forensic evaluations

BHC Alhambra Hospital
Pre-Doctoral Intern

August 2013-August 2014

- Perform individual and group therapy to patients in a partial hospitalization program
- Perform chemical dependency assessments
- Completed Non-Violent Crisis Intervention certification

Yuba City Unified School District
Practicum Student

January 2013-June 2013

- Perform individual and group short-term therapy to students ages 6-12
- Facilitate presentations to elementary school classes concerning bullying awareness and prevention
- Perform crisis intervention and conflict resolution as needed to students in acute distress

Psychwest, Clinical & Forensic Psychology
Practicum Student

October 2012- August 2013

- Perform disability and private evaluations for children and adults
- Responsibilities include the clinical interview, psychometric testing, scoring, reviewing historical information and report writing

Sacramento Job Corps
Practicum Student

July 2011-July 2012

- Provide individual short-term therapy to students ages 16 to 24
- Facilitate two one-hour weekly psycho-educational groups on interpersonal and anger management skills

Yuba City Unified School District
Practicum Student

January 2011-June 2011

- Perform assessments to determine Special Education service eligibility for middle school and high school students

ADDITIONAL CLINICAL EXPERIENCE

Sutter Yuba Mental Health
Crisis Counselor, Extra Hire

April 2010-February 2016

- Assess individuals in acute crisis, presenting on a voluntary basis or on a legal hold, to determine if inpatient psychiatric hospitalization is necessary
- Provide crisis counseling
- Develop therapeutic interventions and referrals to community resources

Safe Harbor Crisis House
Yolo Community Care Continuum
Mental Health Worker II

November 2008-January 2012

- Provide support to mentally ill adults at a short term residential facility.
- Facilitated daily groups as well as treatment and discharge planning.

PROFESSIONAL PRESENTATIONS

- “Mental Competency Assessment and Training (MCAT) Community-Based Program, Juvenile and Adult Competency to Stand Trial Assessment and Restoration Services”
 - Butte County Mental Health, Chico, CA 2014
- “Suicide Prevention: Risk Factors, Warning Signs and What To Do When Faced With a Threat”
 - Agency training for Sacramento Job Corps, Sacramento, CA 2011